

Special diets

We aim to provide a school meal for ALL pupils, including those with medical diets.

These special diets are for pupils with a medical problem, not just a dislike of certain foods. You will need to tell us that your child has an allergy and also provide medical evidence. For example, a letter from their GP or consultant paediatrician, together with any information received from their dietician.

Our school meals service is inclusive and we do not discriminate against children on the grounds of religion, illness or disability.

Did you know?

- All Infant children now receive a FREE school dinner
- For Junior children school dinners are priced at £2.50 per day
- All our meals are nutritionally balanced to Government standard
- Count to Five and Jacket Potatoes available every day

School Dinners at Lower Darwen are...



FREE... for all reception, years 1 and 2 children

NUTRITIOUS... balanced and healthy meals

CONVENIENT... No need to prepare packed lunches in the morning or night before!



Oct-Dec 25

THE

Lower Darwen Primary School



Autumn LUNCH Menu





THE Autumn LUNCH Menu

Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week beginning: 10/11/2025 01/12/2025	Fish Finger, Chips and Veg of the day Platters: Count to Five, Jacket Potato Flapjack	Cheesy Wheels and Beans Platters: Count to Five, Jacket Potato Chocolate Cake and Custard	Pasta Bolognaise Vegetables Platters: Count to Five, Jacket Potato Ginger Biscuit	Sweet and Sour Chicken with Noodles and Vegetables Platters: Count to Five, Jacket Potato Cherry Muffin	Chicken Burger and Chips Vegetables Platters : Count to Five, Jacket Potato Raspberry Ripple Ice Cream
Menu 2 Week Beginning: 17/11/2025 08/12/2025	Sausage Mash and Gravy Peas Platters: Count to Five, Jacket Potato Choc Muffin	Cheesy Pasta Bake Platters: Count to Five, Jacket Potato Fruit Cookie	Chicken Wraps Herby Diced Potatoes Platters: Count to Five, Jacket Potato Sprinkle Sponge	Chicken Tikka Masala Basmati Rice, Naan Bread Vegetables Platters: Count to Five, Jacket Potato Jelly and fruit	Beef Burger Chips Vegetables Platters : Count to Five, Jacket Potato Chocolate Ice Cream
Menu 3 Week beginning: 03/11/2025 24/11/2025 15/12/2025	Penne Pasta Garlic Bread and Vegetables Platters: Count to Five, Jacket Potato Raspberry Bun	Pizza and Beans Platters: Count to Five, Jacket Potato Fruit Whip	Fishy Stars, Cubed Potatoes and Veg of the day Platters: Count to Five, Jacket Potato Chocolate Chip Cookies	Chicken Korma Basmati Rice Naan Bread Vegetables Platters: Count to Five, Jacket Potato Brownie	Hot Sausage in a Finger roll Chips Vegetables Platters : Count to Five, Jacket Potato Fruit Smoothie

Happy Mondays

Tasty Tuesday

Wednesday Warmers

Curry Club

Friday favourites



Mixed salad, fruit yoghurt, cheese and crackers, fresh fruit selection, fresh milk and water available every day.
 Count to Five Sandwich choices: wholemeal bread available every day Jacket Potato fillings: cheese, bean or tuna
 Always a Vegetarian option every day. We encourage children to eat at least 5 a day fruit and salad items from the salad bar

If your child is allergic to any food products, please let the school know as soon as possible. An allergen handbook is available from school by contacting